Welcome to the Child and Maternal Health Knowledge Update highlighting the latest news, events, reports, research and other resources relating to children, young people's and maternal health. All these resources and more are available on our website www.chimat.org.uk

This email includes a summary and link to each resource below.

If you would prefer to read a pdf version of this eBulletin, go to the eBulletins page on our website.

You can follow us on Twitter @PHE_Children

National Child and Maternal Health Intelligence Network news

Update to child health indicators in GP practice profiles
The child health indicators in the GP practice profiles have recently been updated. The profiles are designed to support GPs, clinical commissioning groups (CCGs) and local authorities to ensure that they are providing and commissioning effective and appropriate healthcare services for their local population. In addition to viewing individual practice profiles, you can view summary profiles for CCGs. Each practice can be compared with the CCG and England, and also with the practice deprivation decile.
The profiles are available at http://fingertips.phe.org.uk/profile/general-practice

In the news

We do not accept responsibility for the availability, reliability or content of these news items and do not necessarily endorse the views expressed within them.
PHE: Newborn babies screened for more rare conditions
Every baby born in England from the 5 January will be offered screening for more rare conditions to prevent premature disability and death. Public Health England’s NHS Newborn Blood Spot Screening Programme has been expanded to screen for the following rare, but potentially disabling conditions: homocystinuria (HCU), maple syrup urine disease (MSUD), glutaric aciduria type 1 (GA1) and isovaleric acidaemia (IVA).

PHE: New Change4Life campaign encourages families to make sugar swaps
A new Change4Life campaign launched today (5 January 2015) by Public Health England encourages parents to cut down the amount of sugar their children consume by making one or more simple swaps.

BBC: Children's mental health is parents' greatest concern
Parents in the UK are more likely to worry about their children's mental well-being than any other health issue, suggests research. Some 40% of 2,267 parents surveyed by Action for Children said their children's emotional well-being was a primary concern.

BBC Newsbeat: Schools 'struggling to cope' with students self-harming
Schools are struggling to deal with rising numbers of students self-harming, two major teaching unions say.

BBC: Whooping cough proteins evolving 'unusually' fast
Whooping cough may be evolving to outsmart the currently used vaccine, say researchers. It may have “serious consequences” in future outbreaks, UK researchers state in the Journal of Infectious Diseases. But experts stressed the vaccine remains highly effective in protecting the most vulnerable young babies.

BBC: New rules for healthy school dinners
New rules for school meals in England have come into force at the beginning of the new school term.

CYP Now: Government revises serious case review guidance
Guidance for when serious case reviews should be conducted has been revised as part of attempts to ensure they are carried out more frequently.

PHE: PHE publishes report on substance misuse treatment for young people
New data on young people’s substance misuse treatment shows that specialist services in England continue to work well.

MIDIRS: British women have shortest EU hospital stays
The figures from the Organisation for Economic Co-operation and Development
(OECD) show that British women spend less time in hospital when they give birth than their equivalents in any other EU country.


**BASPCAN congress 2015: call for abstracts**

The call for abstracts is now open for the 9th Congress of the British Association for the Study and Prevention of Child Abuse and Neglect (BASPCAN): new directions in child protection and well-being.


**BBC: Children's mental health services 'cut by £50m'**

NHS spending on children's mental health services in England has fallen by more than 6% in real terms since 2010, according to official figures.


**DfE: Disadvantaged children to benefit from 'life-changing' money**

Over £1 million has been given to the first 7 local authorities to implement the early years pupil premium (EYPP).


**BBC: Babies of addicts 'display problems'**

Babies born to drug-addicted mothers have significant developmental and vision problems at six months old, a Scottish study has found.


**CommunityCare: Social workers to be given more responsibility for allegations against professionals who work with children**

The DfE is consulting on proposed revisions to the Working Together to Safeguard Children guidance. This would see allegations against people who work with children referred through children’s social care, as “concerns about a child’s welfare”.


**BBC: 'Just for men' relationship classes to be piloted**

Fathers could be offered men-only relationship classes around the time of a baby's birth to encourage them to be more involved as they grow up. The Department for Work and Pensions is piloting the idea as part of routine antenatal classes in six areas with high rates of lone parent households.


**Guides and practice**

**Developing a public health outcome measure for children aged 2 – 2½ using ASQ-3**

This factsheet, for health visiting providers and others involved in the roll-out of the ASQ-3™ tool, explains how the tool will be used to collect data for a public health outcome measure of child development at age 2.


**Safer internet day 2015**

Safer internet day 2015 will be on Tuesday 10th February and will see organisations
helping to promote the safe, responsible and positive use of digital technology for children and young people. The website has resource packs for schools and youth groups.


**Conduct of relationships, sexual health and parenthood education in schools**
This is guidance for teachers in Scotland on the conduct of teaching relationships, sexual health and parenthood education.


**Policy and government reports**

**Developing a public health outcome measure for children aged 2 – 2½ using ASQ-3**
This factsheet, for health visiting providers and others involved in the roll-out of the ASQ-3™ tool, explains how the tool will be used to collect data for a public health outcome measure of child development at age 2.


**School food in England: departmental advice for governing bodies**
This advice outlines the requirements to provide food to registered pupils. It also includes information on the School Food Plan, the provision of milk and the free fruit and vegetables scheme.


**Reports**

**The Children's Trust: SEN reforms - what's changed?**
This blog post on the Brain Injury Hub explores some of the new features of SEN law which have been introduced.


**How the key players outside central government can tackle child poverty and promote social mobility**
This report from the Social Mobility & Child Poverty Commission sets out recommendations for what key players, including parents, early years providers, schools and local government, can do to reduce child poverty and increase social mobility.


**Estimating the number of families eligible for the expanded Troubled Families programme**
This paper details the analytical work undertaken to estimate the number of families across England who have the problems which the expanded Troubled Families programme aims to address.


**The costs of not caring: supporting English care leavers into independence**
This Barnardo's report is based on in-depth qualitative research with twenty care leavers and calls on children's services and housing departments to recognise the
importance of ‘sharing budgets’ for care leavers as they support their transition into adulthood.

The entitlements inquiry: ‘one year on’ report
This report is a follow-up to the All-Party Parliamentary Group for Looked After Children and Care Leavers’ inquiry into the differences between the support those in care and care leavers are entitled to, and what they actually receive. Based on responses from children in care, care leavers and professionals, it aimed to find out if anything has changed since the original report was published in 2013.

Specialist substance misuse treatment for young people in England 2013-14
This report contains the latest statistics on specialist substance misuse treatment for young people in England during 2013 to 2014.

Health at a glance: Europe 2014
The third edition of this report presents a set of key indicators related to health status, determinants of health, health care resources and activities, quality of care, access to care, and health expenditure and financing in 35 European countries.

NCB: New year, new review: what does the integrated review at age two to two and a half mean for health visitors and early years practitioners? (Blog)
This September, local areas will be expected to integrate health and education child development reviews that are carried out at two to two and a half years of age. This blog post explains how this will affect early years practitioners, health visitors and others working with young children.

Head of wellbeing: an essential post for secondary schools?
This report explores challenges facing pupil and staff health and wellbeing, and calls for the introduction of a head of wellbeing role across secondary schools to help combat poor physical and mental health and wellbeing in children and teachers.

The school food plan: school food standards
As part of the School Food Plan, a new set of standards for all food served in schools was launched by the Department for Education. They become mandatory in all maintained schools, and new academies and free schools from January 2015. The new standards are designed to make it easier for school cooks to create imaginative, flexible and nutritious menus.

Tools and data

Ofsted freedom of information request datasets 2013 and 2014: early years
Datasets relating to early years provision disclosed as a result of Freedom of Information requests in 2013 and 2014.
Ofsted freedom of information request datasets 2013 and 2014: schools
Datasets relating to schools disclosed as a result of Freedom of Information requests in 2013 and 2014.

Young people’s statistics from the National Drug Treatment Monitoring System (NDTMS): 1 April 2013 to 31 March 2014
This statistical release presents key results from the National Drug Treatment Monitoring System (NDTMS) on the number of young people (aged under 18) in contact with drug and alcohol treatment providers and GPs in England in 2013-14, and the proportion leaving services who completed their treatment.

Specialist substance misuse treatment for young people in England 2013-14
This report contains the latest statistics on specialist substance misuse treatment for young people in England during 2013 to 2014.

Health at a glance: Europe 2014
The third edition of this report presents a set of key indicators related to health status, determinants of health, health care resources and activities, quality of care, access to care, and health expenditure and financing in 35 European countries.

Research

The full versions of some of these resources may only be available with a paid subscription. For information on how you may be able to access them please view our Accessing Knowledge Hub resources page.

At-school substance use as a marker for serious health risks
This research evaluated whether at-school marijuana and alcohol users were more likely than out-of-school users to exhibit 9 serious health risks.

Risk factors for exclusive e-cigarette use and dual e-cigarette use and tobacco use in adolescents
The aim of this study was to describe electronic cigarette (e-cigarette) use and cigarette use among adolescents and determine whether established risk factors for smoking discriminate user categories.

Vitamin D in fetal development: findings from a birth cohort study
This cohort study examined the relationship between maternal vitamin D deficiency at 18 weeks’ pregnancy and long-term health outcomes of offspring who were born in Perth, Western Australia in 1989–1991.

Impact of singlehood during pregnancy on dietary intake and birth outcomes - a study in the Norwegian Mother and Child Cohort Study
The aim of this study was to examine the impact of marital status on diet during pregnancy and pregnancy outcome.

Reducing morbidity and mortality among pregnant obese
This article discusses strategies to reduce morbidity and mortality among obese pregnant women.

Seven- to nine-year-old children’s own assessment of health-related quality of life is important in preventing overweight and obesity
The aim was to study how, and to what degree, health-related quality of life (HRQOL), as assessed by children and their mothers, was related to overweight and obesity among children aged seven to nine years.

Shame if you do – shame if you don’t: women's experiences of infant feeding
Emotions such as guilt and blame are frequently reported by non-breastfeeding mothers, and fear and humiliation are experienced by breastfeeding mothers when feeding in a public context. This paper presents new insights into how shame-related affects, cognitions and actions are evident within breastfeeding and non-breastfeeding women’s narratives of their experiences.

The relationship between weight status and emotional and behavioral problems in Spanish preschool children
The objective of this study was to examine associations between behavioral problems and weight status, considering body mass index (BMI) z-scores and overweight status, in a community sample of preschoolers.

Social inequalities in young children’s sports participation and outdoor play
This study aimed to assess the associations of family socioeconomic position (SEP) and ethnic background with children’s sports participation and outdoor play.

Newborn screening: spotting for more (Editorial)
This Lancet editorial discusses the expansion of the NHS Newborn Blood Spot Screening Programme to cover an additional four diseases.

Factors associated with maternal death from direct pregnancy complications: a UK national case–control study
This study aimed to investigate the factors associated with maternal death from direct pregnancy complications in the UK.

E-cigarette use and intentions to smoke among 10-11-year-old never-smokers in Wales
This study examined the prevalence of e-cigarette use and associations with intentions to smoke in non-smoking year 6 (10-11 year old) children in Wales.
Consultations

Revisions to working together to safeguard children
The Department for Education (DfE) invites your views on changes to the statutory guidance Working together to safeguard children. The revisions include 3 major changes and some small updates and clarifications. This consultation closes at 3 February 2015 5:00pm.

Events

For details of these and many other events see the calendar of events on our website.

Values in action, an opportunity to share best practice
This free Family Action conference for social care, health and education managers will give participants the opportunity to look at innovative ways of partnership working. It will include workshops on: wrap around childcare in schools; perinatal support services; recruiting, training and retaining volunteers; key elements of family support and holiday kitchen provision.

Location: Birmingham
Start date: Wednesday, 21st January 2015

How to improve children’s health: putting research into practice
This conference is an opportunity to gather the latest thinking on children’s health in the UK and focus on recommendations for putting this research to work in improving children’s health.

Location: Windsor
Start date: Monday, 26th January 2015

PE and sport premium: allocating resources and increasing participation in school sport
This event will explore the impact of the second round of PE and sport premium funding has had on the provision of, and engagement levels towards, school sports, and provide attendees with advice and guidance on how to use the new funding.

Location: London
Start date: Wednesday, 11th February 2015

Tackling alcohol-related harm to create a healthier Britain
This event will give attendees the chance to exchange and examine strategies with other organisations to help those dealing with alcohol and drug abuse, and ease the pressure on health services caused by excessive drinking.

Location: London
The 2015 Yorkshire child sexual exploitation (CSE) conference
The conference aims to raise awareness of the grooming and sexual exploitation of children and young people across Yorkshire and nationally, and to share, encourage and impact on good practice.

Location: Bradford
Start date: Wednesday, 18th February 2015

Prevention, protection and prosecution: implementing a zero tolerance response to female genital mutilation
This symposium will examine how a multi-agency approach to FGM can be strengthened, especially at the local level, and explore issues around prevention, the importance of specialist services and the greater role of education providers in ensuring better awareness and early intervention.

Location: London
Start date: Thursday, 19th March 2015

BASPCAN congress 2015: new directions in child protection and well-being
The 9th British Association for the Study and Prevention of Child Abuse and Neglect (BASPCAN) congress aims to highlight the latest developments in research, practice and policy and to identify how these can be utilised not only to protect children but also to enhance their general well-being.

Location: Edinburgh
Start date: Sunday, 12th April 2015

Domestic violence and young people: tackling teenage relationship abuse
This special symposium offers an opportunity for practitioners across the child welfare, education, youth work and domestic violence services and key stakeholders to consider how to better identify and tackle physical, sexual and emotional abuse within teenage relationships.

Location: London
Start date: Wednesday, 15th April 2015

Working together to protect children: preparing for the joint inspection of multi-agency arrangements
At this Westminster Briefing gain advice on how to prepare for the new joint inspections and ensure you can demonstrate the effectiveness of your multi-agency arrangements. Learn from the pilots and case studies of best practice in partnership working and network with colleagues from other agencies to inform the way you prepare for inspection.
eBulletins

Working with partners, we produce a number of eBulletins to keep you up to date:

- Child and Maternal Health Knowledge Update
- Children’s Mental Health and Psychological Wellbeing
- Learning Disabilities and CAMHS
- Perinatal and Infant Mental Health

Sign up to one or more at http://www.chimat.org.uk/default.aspx?QN=CHMK9

We do not accept responsibility for the availability, reliability or content of the items included in this eBulletin and do not necessarily endorse the views expressed within them.

To unsubscribe from this email please log in to www.chimat.org.uk and change your mailing settings.
To subscribe to this eBulletin sign up at our website. More information can be found here.

We welcome your feedback. Please email emma.baxter@phe.gov.uk

PHE publications gateway number: 2013023